

香港義工學院

Hong Kong Institute of Volunteers

本局成立的「香港義工學院」(學院)，是香港首間致力發展義務工作培訓，提升義工服務質素的學院。在新常態下，年內共舉辦248項課程，培訓超過26,000人次，九成服務使用者表示滿意。

面對充滿挑戰的環境，學院悉心開拓網上學習平台，並加強培訓內容，注入科技、法律及精神健康元素，運用線上另類實境遊戲、線上體驗式互動短片等，以提升網上培訓的互動及效益，讓義工、義工領袖及管理人員透過網絡積極參與。此外，學院繼續透過社交平台以及YouTube頻道，與市民大眾分享行義精神及義務工作相關資訊，當中包括法律知識及精神健康短片，在提升義工專業知識的同時，亦提倡把健康融入行義生活。

學院YouTube頻道
IoV YouTube Channel



AVS Hong Kong Institute of Volunteers (IoV) is a pioneer facility dedicated to enhancing the quality of volunteer service by the provision of volunteer training programmes. Under the new normal, a total of 248 training courses were delivered during the year to more than 26,000 participants, 90% of whom were satisfied with the quality of our training.

Amidst the challenging environment, IoV strived to develop online learning platforms such as Online Alternate Reality Games (ARG) and Online Interactive Videos which enabled volunteers, volunteer leaders and managers to participate more actively. The social media platforms and the IoV YouTube Channel were adopted continuously to spread the spirit and information of volunteerism to the public. Topics on legal knowledge and mental health were covered in order to promote professionalism in volunteering and integration of health and volunteering life.

義工資訊網

「義工資訊網」於2007年設立，為各界提供本地和海外最新的義務工作資訊。為配合服務使用者的需要，於2016年及2019年分別開設Facebook專頁和Instagram帳戶，更於2020年全面更新網頁，進一步利便義工搜尋義務工作資訊。年內製作「洞悉六感留人心」義工專輯，分享透過瞭解義工對六感的追求，優化義務工作管理策略，以提升義工的參與動力，維繫義工與機構的關係。並出版「義工培訓設計101」及「培訓工具：我的行義之旅」參考指引，以支援義務工作管理者設計義工培訓。「義工資訊網」於年內透過3個平台合共吸引近16萬人次瀏覽。

義工資訊網
Volunteer Link



Facebook



Instagram

Volunteer Link

To share the latest local and overseas information on volunteering, the online platform – Volunteer Link (V-Link) was launched in 2007 and had its Facebook page and Instagram account set up in 2016 and 2019 respectively. To make it more user-friendly, the V-Link webpage was revamped in 2020. In the year, a journal on 'Six Senses in Volunteer Engagement' was published. It helped make the volunteer service management strategy more effective, increase the volunteers' motivation and strengthen the relationship between the organizations and volunteers with better understanding on the volunteers' pursuit of the six senses. Reference guides on 'Volunteer Training Design 101' and 'Training Tools: My Volunteer Journey' were also issued to support volunteer leaders in designing volunteer training. The V-Link got almost 160,000 hits through the 3 platforms in the year.

VQ「行義生活台」

在疫症肆虐和第五波疫情爆發的環境下，學院繼續積極推動網上學習，分別推出「小人物故事專輯」和「三分鐘法律知識庫」網上學習頻道，前者旨在透過訪問社區不同的人，以影片講述香港人行義的故事，鼓勵人人都可以以自己的方式參與義務工作。後者則邀請本局主席彭韻偉律師，BBS, MH, JP分享義務工作於策劃及推行時涉及之法律和相關條例。兩輯網上學習頻道共有12段影片，觀看人次逾20,000。



梅啟君先生(上圖)和麥桂成先生(下圖)分享他們的行義故事
Mr Falcon Mui (above picture) and Mr Raymond Mak (below picture) shared their volunteering stories



Volunteering Channel

Amidst the pandemic and the impact of the fifth wave, IoV continued to promote online learning through the Volunteering Channel. Two new thematic videos 'Volunteer Stories' and '3 Minutes in Legal Knowledge' were released. The 'Volunteer Stories' shared different volunteers' stories in Hong Kong with the message that everyone could volunteer in their own unique ways. AVS Chairman Ms Melissa Pang, BBS, MH, JP was invited to introduce the legal knowledge related to volunteerism in the series of '3 Minutes in Legal Knowledge'. A total of 12 videos on the two themes generated more than 20,000 views.



本局主席彭韻偉律師主持一系列的「三分鐘法律知識庫」
AVS Chairman Ms Melissa Pang hosted a series of '3 Minutes in Legal Knowledge'

4C 青年義工領袖計劃

計劃自2009年開展，透過4C發展模式（Confidence自信、Care關懷、Commitment承擔、Courage勇氣），培育青年的健全品格及公民意識，以達致全人發展。計劃協助學校建立核心義工團隊，並支援青年義工領袖推動及組織校內同學參與義工服務，推廣義工精神，讓學生關心弱勢社群的需要。

4C Youth Volunteer Leadership Project

The Project was launched in 2009. Through the 4C (Confidence, Care, Commitment, Courage) development model, it fostered the youth's holistic development and nurtured their all-rounded development and civic awareness. The Project facilitated schools to build student volunteer teams and supported the youth volunteer leaders to mobilize their fellow schoolmates to volunteer, so that the spirit of volunteerism could be cultivated and students would care more about the needs of the disadvantaged.

本年度計劃主題為「行義 Relight」，邀請青年義工領袖和同學們將疫情下的經歷和行義的見聞，轉化為義工服務相關的學習和實踐。受疫情影響，服務對象的需求及服務形式均有所轉變，計劃鼓勵學生一同探索社會和服務對象的真正需要，開拓義工服務的新思維，以及裝備4C質素，促使在新常態下策劃和推行切合時宜的「真服務」。

年內21間中學參與計劃，並建立22隊青年義工領袖團隊，培訓382位青年義工領袖。各團隊積極運用所學，於疫情下策劃及籌備各類型的義工服務，關懷長者、兒童、校內同學及年輕人的精神健康，採用實體及網上活動形式，提供的義工服務近5,000小時。

With the theme of 'Volunteering x Relight', this year's programme invited youth volunteer leaders and their schoolmates to translate their volunteer knowledge and experience under the pandemic into volunteering action and learning. Affected by the pandemic, the needs of the service users and the forms of the services have been changing. The Project encouraged the students to explore the real needs of the society and the service users, and equipped them with the 4C qualities to design and implement 'real services' in the new normal.

During the year, 21 secondary schools joined the programme and set up 22 youth volunteer leader teams with 382 youth volunteer leaders being trained. The teams actively applied what they had learned to organize various kinds of volunteer services focusing on mental health online and offline to the elderly, children, schoolmates and teenagers. They altogether contributed nearly 5,000 hours of volunteer service.

參與學校 (2021-2022)	Participating Schools (2021-2022)
庇理羅士女子中學	Belilios Public School
中華基督教會基智中學	CCC Kei Chi Secondary School
中華基督教會蒙民偉書院	CCC Mong Man Wai College
基督教宣道會宣基中學	Christian and Missionary Alliance Sun Kei Secondary School
五邑司徒浩中學	FDBWA Szeto Ho Secondary School
香港四邑商工總會陳南昌紀念中學	HKSYC & IA Chan Nam Chong Memorial College
香港道教聯合會圓玄學院第三中學	HKTA The Yuen Yuen Institute No.3 Secondary School
喬色園主辦可藝中學	Ho Ngai College (Sponsored by Sik Sik Yuen)
聖母無玷聖心書院	Immaculate Heart of Mary College
賽馬會萬鈞毅智書院	Jockey Club Man Kwan EduYoung College
九龍工業學校	Kowloon Technical School
九龍真光中學	Kowloon True Light School
葵涌循道中學	Kwai Chung Methodist College
民生書院	Munsang College
保良局董玉娣中學	Po Leung Kuk Tang Yuk Tien College
皇仁書院	Queen's College
聖芳濟各書院	St. Francis of Assisi's College
基督教女青年會丘佐榮中學	The YWCA Hioe Tjo Yoeng College
東華三院馮黃鳳亭中學	TWGHs Mrs Fung Wong Fung Ting College
東華三院邱金元中學	TWGHs Yow Kam Yuen College
華英中學	Wa Ying College

以學校英文名稱排序
Schools listed in alphabetical order



學生投入參與聯校培訓和
義工服務
Students actively participated
in the joint-schools training
and volunteer services

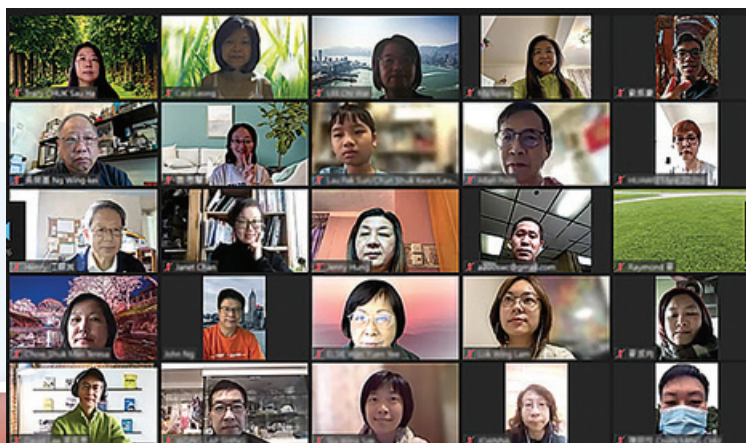


專題講座及分享會

學院經常邀請專業人士和義工領袖主持專題講座及工作坊。年內邀請多位專家學者，分別就不同的主題作出分享，包括專注力不足及過度活躍症青少年的職涯規劃及挑戰、吸引力法則、避免誤墮防貪法網及義務工作管理的設計思維。為了提升義工的能力，學院舉辦了多項服務技巧網上課程和以關顧義工精神健康為題的工作坊，如「服務健智人士義工證書課程」、「認證玩具指導員證書課程」、「開心活腦操－認知障礙症工作坊」、「關注精神健康－生命抉擇劇場」、「洗滌心靈－頌鉢初探」及「精神健康工作坊」。

Seminars and Workshops

IoV constantly engaged professionals and experienced volunteer leaders to deliver thematic workshops. During the year, a wide range of topics was covered, including career plan and challenge of Youth with Attention-Deficit Hyperactivity Disorder, law of attraction, corruption prevention and design thinking in volunteer service management. To enhance the competence of volunteers, skill-based online courses, namely 'Certificate Course of Service Skills for Dementia', 'Certified Toy Facilitator for Dementia Course', 'Brain Exercise for Dementia', 'Mental Health in Drama', 'Introduction to Singing Bowl' and 'Mental Health Workshop' were held.



特約培訓

學院因應個別機構或團體的需求，為義工、義工領袖及管理人員量身設計各項培訓計劃，分別有義務工作基礎培訓、服務技巧培訓、領袖培訓，以及義務工作管理學培訓。特約培訓於疫情初期增設了線上培訓服務，期間為不同機構提供線上線下的培訓服務。年內為80間機構安排培訓，包括香港公共圖書館、醫院管理局、香港上海滙豐銀行、廉政公署、康樂及文化事務署及市區重建局。各項培訓均由具備豐富義工管理及培訓經驗的職員和義務培訓員教授，以確保培訓達高質素水平。

Specialized Training Programmes

The Specialized Training Programmes are tailored according to the needs of individual organizations. These include basic volunteer training, service skills training, leadership and volunteer management training for volunteers, volunteer leaders and management staff. Training service was delivered online and offline to cope with the pandemic situation. During the year, 80 organizations were served, including Hong Kong Public Libraries, Hospital Authority, HSBC, ICAC, Leisure and Cultural Services Department and Urban Renewal Authority. To ensure quality, all training programmes were conducted by IoV qualified and experienced staff and volunteer trainers.



學院為不同界別的機構團體量身設計各類培訓項目
IoV tailor-made training courses for organizations from various sectors



「耆義人生」 義工領袖培訓計劃

「老有所屬、老有所養、老有所為」一直是香港安老服務的願景；而推廣年長人士參與義務工作是本局發展策略之一。為此，學院於2018年起推出「耆義人生」義工領袖培訓計劃，透過與長者鄰舍中心結成合作夥伴，推動年長人士積極參與義務工作，並提升他們成為義工領袖，使其發揮所長，實踐「老有所為」。年內共有9間長者中心參與此計劃，培訓人次超過540。

Senior Volunteer Leadership Training Programme

Promoting older people's sense of belonging, security and worthiness has been the mission of Hong Kong's elderly services. In line with this, one of the AVS' strategies is to encourage elderly engagement in volunteering. Since the launch of the 'Senior Volunteer Leadership Training Programme' in 2018, IoV has been partnering with Neighbourhood Elderly Centres (NEC) to promote volunteering by the older people, unleashing their talents to become volunteer leaders and strengthening their sense of worthiness. During the year, 9 NECs were engaged and more than 540 elderly volunteers joined the training.

「義工小領袖」 網上證書課程

鑑於疫情下學校停課，學生需要留家學習，學院為響應教育局「停課不停學」的呼籲，推出「義工小領袖」網上證書課程，讓小三至小六的學生留家也可認識義務工作。此課程自推出以來，反應熱烈，接近1,000名學生參加。

益苗計劃

學院於2021年參加由廣東省志願者事業發展基金會撥款資助的「益苗計劃－廣東志願服務組織成長扶持行動志願服務項目大賽」，參賽項目為「義務培訓員團隊－粵港澳大灣區計劃」，並獲得「粵港澳大灣區專項賽優秀獎」。

為配合粵港澳大灣區的發展，該項日期望建立與灣區內其他城市交流的平台，透過不同類型的培訓、交流及分享活動，分享香港作為大灣區內高度開放和國際化的樞紐，其百多年志願服務發展之經驗。同時也藉此提升本港義務工作管理者及義工領袖，對內地福利發展及志願服務的認識，以促進未來灣區志願服務的合作和發展。

Junior Volunteer Leader Online Certificate Course

To encourage students to keep learning while classes were suspended, IoV developed the 'Junior Volunteer Leader Online Certificate Course'. Through the course, the primary 3 to 6 students could acquire at home the basic knowledge and skills of volunteering. The Course had overwhelming response with nearly 1,000 students enrolled.

Yi Miao Project

IoV joined the 'Yi Miao Project – Guangdong Volunteer Service Competition funded by the Guangdong Province Volunteer Service Development Foundation in 2021. The 'Volunteer Trainers in the Greater Bay Area Project' submitted gained the 'Guangdong-Hong Kong-Macao Greater Bay Area Outstanding Project Award'.

As Hong Kong is an international hub with over 100 years of experience in volunteerism, the awarded project aimed to establish a platform for exchange of the experiences between Hong Kong and other cities in the Greater Bay Area through diversified training, exchange and networking activities. It also enabled Hong Kong volunteer managers and leaders to learn more about the welfare and volunteering development in the Mainland, so as to promote further development and collaboration of volunteerism in the Greater Bay Area in the future.