



## 第四屆香港傑出義工獎得獎者 THE FOURTH HONG KONG VOLUNTEER AWARD WINNER



袁國禮醫生  
DR YUEN Kwok Lai

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現職眼科醫生，參與義務工作20年。袁醫生出身於基層，深明基層苦況，秉持「取之社會，用於社會」和「助人為快樂之本」的宗旨，在繁忙工作以外，運用僅餘的時間，在香港、內地及第三世界幫助患有眼疾的弱勢社群，包括參與「健康快車」、擔任「光明行動」的醫務總監及「亮睛工程」的主要委員。袁醫生曾到西藏、海南等地方施行義務白內障手術，更在本港推廣眼睛健康教育，10年間先後在社區會堂、不同傳媒、學校及病人自助組織義務主講及安排講座。2010年更擔任「全港學童護眼EyeQ大比拼」的籌委會主席，負責聯繫逾500間學校的參與及網頁製作。

2007年，袁醫生榮獲十大傑出青年。翌年加入香港再生會並獲選為外務副主席，連續三年擔任「香港十大再生勇士」選舉委員會主席，以鼓勵長期病患者包括患有眼疾者勇敢面對生命及疾病。此外，袁醫生也積極參與及組織本地及國際會議，以加強香港和亞太地區眼科醫療的發展，培養和教導更多年輕醫生，使更多患者受惠。

歷年來，接受袁醫生的服務人次數以萬計。袁醫生盼望將來能繼續參與社區服務，讓愛心傳遍社區的每一角落，並感染經手術復明的患者積極參與義務工作。

Dr Yuen is an ophthalmologist and has participated in volunteer service for 20 years. Dr Yuen was grown up in a grass-root family, so he deeply understands its difficulties and holds the principles of "Give back to the society for whatever we take from the society" and "Helping others is the source of happiness". Out of his busy schedule, he spares his leisure time to serve those underprivileged with eye diseases in Hong Kong, Mainland and the developing countries, including his service with Lifeline Express. He is the medical director of Action for Vision and an executive member of the Project Vision. Dr Yuen has offered volunteer cataract surgeries in regions like Hainan and Tibet, and promoted education on ophthalmology in Hong Kong. In the past 10 years, he organized and acted as speaker at the health seminars in community centres, different media conduits, schools and patient self-help organizations. In 2010, he was appointed as the Chairman of the Organizing Committee of the Project Vision Online EyeQ Competition, connected more than 500 schools for participation and webpage design.

Dr Yuen won the Ten Outstanding Young Persons Award in 2007, and joined the Regeneration Society as Vice-chairman (External Affairs) in 2008. For 3 consecutive years, he has been the Chairman of the selection committee of the Ten Outstanding Warriors of Regeneration. The selection aims to encourage the spirit of resilience and courage in face of adversity among the chronically disabled including those with eye diseases. In addition, Dr Yuen is active in organizing and participating in local and international conferences to strengthen the ophthalmological development of medical services in Hong Kong and other Asia Pacific regions as well as to nurture and train younger doctors to benefit more patients.

In the past, lots of beneficiaries are due to Dr Yuen's services. He hopes to continue his service in the community to disseminate the spirit of love and care, and to encourage those patients who recover from their eye diseases to participate actively in volunteering.