



李琬微醫生

Dr Li Yuen Mei Emmy

提名入

Nominator

鍾惠玲博士

Dr Chung Wai Ling Margaret

袁國禮醫生

Dr Yuen Kwok Lai Hunter

黃至生教授

Professor Wong Chi Sang Martin

洪詠慈女士

Ms Hung Wing Chee Anna

高永賢博士

Dr Ko Wing Yin Albert

第五屆香港傑出義工獎得獎者

The Fifth Hong Kong Volunteer Award Winner

現任香港眼科醫院副顧問醫生，自小開始參與義務工作，至今超過22年。從求學時期的探訪、籌辦義工培訓營、健康展覽等，到畢業後運用專業知識撰寫文章，組織公眾健康教育講座，參與醫療輔助隊，為大型活動提供救援工作等。20多年的義工經驗使她明白到有比醫藥更有效的治療：笑容和關愛。縱使工作繁重，李醫生每年仍然參與亮睛工程、健康快車、奧比斯等不同團體到內地偏遠地區，為貧苦大眾提供免費白內障手術及協助培訓內地醫生。

多次的探訪，令李醫生了解到要確保內地醫生的手術水平，才能提升整體醫療水準。因此，在李醫生的建議下，多位醫生合力將手術培訓系統化，制定標準程序，增加手術的安全性及積極進行定期評核。近年，李醫生加入再生會協助籌辦「十大再生勇士選舉」及各類型活動幫助長期病患者與抑鬱症病人。在義務工作中，她體會到「同理心」(Empathy)、「公眾教育」(Education)、「鼓勵」(Encouragement)、「凝聚參與」(Engagement)及「給予肯定，給予力量」(Empowerment)是令義務工作持續發展的重要元素。不論活動規模的大小多寡，只要是用心完成，同樣可以感動人心。

Dr Li currently is an Associate Consultant of the Hong Kong Eye Hospital. She started her volunteer service at a very young age and as such, she already got 22 years of volunteering experience. Her service is wide ranging. In her early school days, she paid visits to the needy, organized volunteer training camps and exhibitions on health care. After graduation from university, she made use of her professional knowledge to write articles and organize workshops on health education. She also joined the Auxiliary Medical Service to provide first-aid service at mega events. Dr Li appreciated that very often a smile and an expression of caring concern may be more effective than medication. Despite her heavy work schedule, Dr Li insists on playing a part every year in charity medical programmes, of the Project Vision, Lifeline Express, Orbis, etc., to perform free cataract surgeries for the poor and needy in the distant parts of the Mainland and to help train Mainland doctors.

After a number of visits to the Mainland, Dr Li realized that the standard of surgeries performed by Mainland doctors must reach a certain assured level before the overall standard of medical service could be enhanced. To this end, and on Dr Li's suggestion, several doctors joined hands to work out a systematic training schedule for cataract surgeons. This includes setting standard procedures, close supervision during training and active audit of surgical skills to ensure the quality of surgery and patient's safety. In recent years, Dr Li joined the Regeneration Society and helped organize the Election of 10 Regeneration Warriors and other activities to help individuals with physical challenge or chronic illness and those suffering mental depression. In her experience, Empathy, Education, Encouragement, Engagement and Empowerment are the essential elements for sustainable development of volunteerism.