



第九屆香港傑出義工獎得獎者

THE 9TH HONG KONG VOLUNTEER AWARD WINNER

提名人：香港中文大學

NOMINATOR: THE CHINESE UNIVERSITY OF HONG KONG

香港中文大學香港兒童眼科計劃

CUHK Hong Kong Children Eye Care Programme

香港中文大學香港兒童眼科計劃成立於 2015 年，成員逾 3,100 人。本着「能看見是兒童的基本權利」之理念，致力為基層家庭兒童提供義務眼科診療服務。

香港有不少低收入家庭，由於父母長時間都在外工作，忽略了小朋友的眼睛健康。倘若這班兒童患上眼疾，而又未得到及時和適切的治療，那麼則有機會影響他們的學習及個人成長。為了協助他們，團隊設立義務眼科診所，邀請逾 120 名眼科醫生義診，為低收入家庭兒童提供全面的眼科檢查及治療。團隊至今共舉辦逾 400 次眼科服務日，服務超過 30,000 名兒童。團隊了解到患屈光不正而引致視力障礙的學童在經濟上的困難，特意捐贈眼鏡，希望能解決視力障礙，改善視力和學習成效。

團隊深明單靠一次性的檢查與治療並無法根治兒童的眼疾問題，因此舉辦 300 多場講座及工作坊，向多達 30,000 名家長、教師及社工，傳授眼部護理的知識，並透過電視、電台、報章以及大型公眾教育展覽等向大眾宣揚護眼資訊，希望從多角度入手，讓照顧者更關心兒童的眼睛健康，提防兒童患上眼疾，防患於未然。團隊更計劃與 180 所小學、40 個非政府組織，以及 45 所中學建立起勤力高效的社區網絡，一起在週末為小朋友檢查眼睛，共同努力攜手合作，繼續守護下一代的視力。

The CUHK Hong Kong Children Eye Care Programme (CECP) was launched in 2015 with participation of more than 3,100 service providers including ophthalmologists, nurses, optometrists and voluntary helpers. Based on the vision “being able to see is a basic right of children”, the CECP provides eye care education and ophthalmological services to children and families.

Largely due to insufficient parental awareness, some children with eye diseases, especially those from low-income families, do not receive timely and appropriate treatment. This would affect their academic performance and personal development. The CECP has set up a charitable ophthalmology clinic to provide comprehensive ophthalmologic examination and treatment specifically for children from low-income families. The team has invited over 120 ophthalmologists from both public and private sectors to provide voluntary service in the clinic.

Up to October 2021, the team has conducted more than 400 days of services during weekends to more than 30,000 children. More than 3,000 free glasses have been prescribed to school children with impaired vision due to refractive errors but their families cannot afford them.

Examination and treatment alone cannot tackle the root cause of children’s eye problems. the team has conducted over 200 talks and workshops to raise the awareness of more than 30,000 parents, teachers and social workers on children eye care. The team has also shared public education information and knowledge through TV, radio and newspapers. Prevention is better than cure. It is important to pay attention to the health of their children’s eyes at early age. By connecting with more than 180 primary schools, 40 NGOs, and 45 secondary schools, the team advocates children eye care proactively with our society.